



FOR IMMEDIATE RELEASE

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TEDxHonolulu Inspires “FLOW” on July 9, 2016

Conference puts a spotlight on developing ourselves individually and as a community through FLOW

Honolulu, HI – June 12, 2016 - TEDxHonolulu conference highlights Hawaii’s speakers and ideas on July 9, 2016, 10:00am at the Neal Blaisdell Concert Hall. The independently organized event, licensed by TED, will feature local voices and TED Talks videos under the theme FLOW: Reaching Our Greatest Potential.

The day-long event will feature speakers from the worlds of sports, business, technology, education and the arts. Speakers will share how they experience and intensify their encounters with FLOW, and how they use FLOW to continuously improve their physical, social and mental performance in their professional and personal lives.

TEDxHonolulu Speakers include:

- Bettina Mehnert - award winning architect,
- Solomon Enos - Native Hawaiian artist and TEDxHonolulu 2016 Artist in Residence,
- Dr. Bryan Cadwell - Mars Mission Scientist HI-SEAS,
- Salina Storozuk - yoga and meditation expert,
- Andrei Natarov - Oceanography Researcher
- among others.

Tickets are now on sale for \$80 at www.TEDxHonolulu.org

TEDxHonolulu is organized entirely by volunteers who donate their time and talents to create a unique conference experience with concurrent programs that feature the first ever Mini Film Challenge with our partners Showdown in Chinatown, Artist in Residence program, Hawaii State award winning sustainability program, collaborative partnership programs including 88Tees, Dale Carnegie Training Hawaii, and many more.

For more information, visit www.TEDxHonolulu.org or join TEDxHonolulu Facebook at <http://www.facebook.com/tedxhonolulu>.

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About TEDx, x = independently organized event In the spirit of ideas worth spreading, TEDx is a program of local, self-organized events that bring people together to share a TED-like experience. At a TEDx event, TED Talks video and live speakers combine to spark deep discussion and connection in a small group. These local, self-organized events are branded TEDx, where x = independently organized TED event. The TED Conference provides general guidance for the TEDx program, but individual TEDx events are self-organized. (Subject to certain rules and regulations.)

About TED TED is a nonprofit organization devoted to Ideas Worth Spreading. Started as a four-day conference in California almost 30 years ago, TED has grown to support its mission with multiple initiatives. The two annual TED Conferences invite the world's leading thinkers and doers to speak for 18 minutes on a diverse mix of topics. Many of these talks are then made available, free, at TED.com. TED speakers have included Bill Gates, Jane Goodall, Elizabeth Gilbert, Sir Richard Branson, Nandan Nilekani, Philippe Starck,

Ngozi Okonjo-Iweala, Isabel Allende and former UK Prime Minister Gordon Brown. The TED2014 Conference takes place in Vancouver, British Columbia, along with the TEDActive simulcast in neighboring Whistler. TEDGlobal 2014 will be held in Rio de Janeiro, Brazil.

TED's media initiatives include TED.com, where new TED Talks are posted daily; the Open Translation Project, which provides subtitles and interactive transcripts as well as translations from volunteers worldwide; the educational initiative TED-Ed; and TEDBooks, short e-books on powerful ideas. TED has established the annual TED Prize, where exceptional individuals with a wish to change the world get help translating their wishes into action; TEDx, which supports individuals or groups in hosting local, self-organized TED-style events around the world; and the TED Fellows program, helping world-changing innovators from around the globe to amplify the impact of their remarkable projects and activities.

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